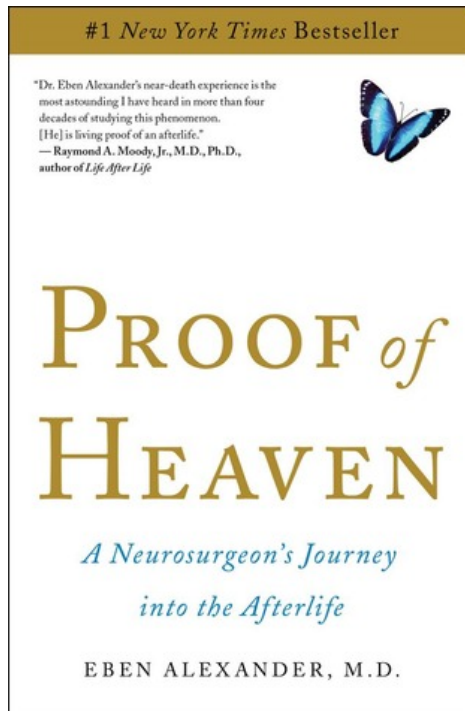


A Review of Dr. Eben Alexander's Proof of Heaven: A Neurosurgeon's Journey into the Afterlife

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“Consciousness is the most profound mystery in the universe.”

~ Eben Alexander, MD

Dr. Eben Alexander is a highly-trained and accomplished neurosurgeon with twenty-five years of experience at Harvard Medical School, Brigham & Women's and the Children's Hospitals in Boston, Massachusetts. He wrote this fascinating book about his near-death experience during a seven-day long fight for his life. In his book, he eloquently expresses theories that I personally felt to be true about the afterlife but couldn't put into words. This book does not have all the answers but is an important, unique story that combines science, understanding of reality, consciousness and how everything in creation is interconnected.

What makes this story unique are the clinical aspects of Dr. Alexander's experience and his conversion from a skeptic about life beyond our physical body to someone who understands first-hand how consciousness and existence are realities outside of our physical limitations in this world that current medical research or science has yet to discover.

Dr. Alexander was only fifty-four years old when he contracted a case of E. coli bacterial meningitis on November 10, 2008. None of the medical experts working on his case could explain just how he obtained this rare infection which is why his is the first of its kind in

recorded medical history. He spent seven days in a coma while the infection aggressively attacked his neo-cortex (the portion of the brain provides thought, memory and basically makes us human). This made it impossible for Dr. Alexander to have any conscious memories, dreams or any brain activity other than basic functions such as breathing, blood pressure and heart rate. There was no hope left by the end of the seven days of any kind of recovery. At the very best, Dr. Alexander would live his life completely dependent on others to provide basic daily care, but even that was impossible since nobody had ever lived beyond a few days with a similar condition.

What is further interesting about this story is that most people who claim to have had a near death experience had theirs take place while their neo-cortex was still functioning. But, in Dr. Alexander's case, he was experiencing a level of consciousness that existed completely free of the limitations of his physical brain.

Dr. Alexander emphasizes the difficulty of even trying to put his experiences on the other side into human words. He states that trying to describe it is "like trying to write a novel with only half the alphabet." But he insists "the place [he] went was real. Real in a way that makes the life we are living here and now completely dreamlike by comparison."

Dr. Alexander's experience caused him to rethink the relationship between our mind and our brain. He concludes that the brain is not the source of consciousness after all. It is more like a filter for consciousness.

Unfortunately, those who have already hardened their views on both sides of the spectrums of Science and Religion will dismiss much of what anyone writes on this topic, because it doesn't fit their view of the world.

A lot has been written on this topic from both the spiritual and scientific approach. Those whom have hardened views on both sides of the science or religion spectrums will likely dismiss anything that anyone writes on this topic. However, it does make it hard to ignore Dr. Alexander's experience after all of his prior knowledge of brain function and the resulting skepticism turned believer.

Whether you are a Christian, Buddhist, quantum physicist or a simple seeker of knowledge beyond current understanding, you will likely appreciate the facts of his experience, the unique medical reality of his coma, and the amazing revelations about family, love and the eternal nature of consciousness, and the journey to true understanding.